



## SERVICE AGREEMENT

### Welcome!

The following Service Agreement (the “**Agreement**”) will clearly communicate our expectations in working together. Please raise any questions you have before signing to make sure we are on the same page moving forward. Let’s do this!

In exchange for agreeing to work together with Loaded Movement Academy, you agree to be bound by the following conditions.

### Contractual Terms

1. **Parties.** This Agreement is made between 1285248 B.C. LTD, a Corporation operating in the Province of British Columbia (“**Loaded Movement Academy**”, “**we**”, “**us**”, and “**our**”) and you, the undersigned (electronically or by hand) or person who has clicked “I Agree” to this Agreement (“**you**” and “**your**”).
2. **Our Commitment to You.** We promise to provide you with the following services: strength coaching, as outlined in Schedule “A” Services (the “**Services**”). We may choose to modify the Services as agreed to by both parties.
3. **What We Expect of You.** Just as you are investing in us, we are also investing time and energy in you. For you to gain the most from the Services, here is what we expect of you:
  - 3.1. **Time Integrity.** Let’s honor our time. Time integrity and keeping your word is important. We expect you to be on time to all in-person, online, or phone appointments, completing homework assignments on time, honor the length of the Services and the cancellation policy detailed in section 6 below.
  - 3.2. **Ownership.** You are responsible for your own physical, mental and emotional well-being and actions during the course of the Services.
  - 3.3. **Commitment.** We expect you to be committed to the Services and your practice in order to become a student of strength and develop an interest in becoming a stronger version of yourself (go above and beyond).
  - 3.4. **Diligence / Communication.** We expect you to follow instructions and if anything is unclear to ask for help or seek clarification from your respective coach or available LMA resources (LMA FB group, website, YouTube). We also expect you to be upfront and honest about how your body works, what pains you have and your medical history. We can’t help if we don’t know what you are experiencing!
  - 3.5. **Openness / Adaptability.** We expect you to be coachable: willing to receive constructive criticism without losing positive spirit or slackening motivation, having the ability to adapt and improve as needed for success.
  - 3.6. **Respect.** We expect you to treat all alumni and coaches with respect at all times in person or online. Violation of this will lead to offending member's immediate expulsion.
4. **Term + Termination.** The term of this Agreement will begin on the date of execution by both parties and will continue for the duration of the Services as agreed upon between you and Loaded Movement Academy (the “**Term**”).
  - 4.1. The Agreement may be terminated by either party at any time by providing 30 days advance written notice to the other party (email or text is fine). However, if you terminate the Agreement before the term is complete, you will be obligated to make all payments as outlined in Schedule “A” Services.



- 4.2. Loaded Movement Academy reserves the right to terminate this Agreement immediately if you violate any of the expectations outlined in section 3 above and you will not be entitled to any refunds or any continued working relationship with Loaded Movement Academy.
5. **Payment.** Payment details and cost for the Services are outlined in Schedule "A" Services. The price may vary over time and according to the type of Services provided.
6. **Cancellations and Refunds.** Integrity and keeping your word are the cornerstones of all success. With that in mind, this is how we've drafted our cancellation and refund policy:
  - 6.1. **Refunds.** All sales are final. Services are non-refundable.
  - 6.2. **Cancellation / Reschedule Policy.** Please give 48 hours' notice if you have to cancel or reschedule, provided it is in the timeframe of this Agreement.
7. **No Guarantees.** Loaded Movement Academy cannot guarantee the success of the Services. We promise to provide you with the opportunity and Services to support you and see you grow, but the success of the Services ultimately depends on you. As such, no guarantees can be made for any particular outcome from our Services.
8. **Ownership of Materials.** All the content that we have provided to you, including but not limited to videos, documents and PDFs, are for your use only and are not to be re-distributed or re-used.
9. **Media Release.** You understand that we may use photos, audio or video of you as a means to document, share and promote our services. Please let us know if you do not want us to share any media of you.
10. **Standard Legal Things. Jurisdiction.** This Agreement will be governed exclusively by the laws of the Province of British Columbia. **Severability.** If any provisions of this Agreement are invalid or unenforceable, the other provisions in the Agreement will remain in full force and effect. **Entire Agreement.** This Agreement constitutes the entire Agreement between the parties and replaces any prior agreements. **Waiver of Breach.** The waiver by Loaded Movement Academy of any breach by you of any provision of this Agreement will not be taken to be a waiver of any further breaches by you. **Notice.** For the purpose of this Agreement, e-mail or text will suffice for written notice when required as set out above. **Headings.** The headings used in this Agreement are for stylistic purposes only and none of the content in the headings are intended to be legally binding. **Counterparts.** This agreement may be signed in any number of counterparts, each of which is an original, and all of which taken together constitute one single document. **Online Agreement.** We agree that this Agreement may be signed electronically or agreed to by having You click "I Agree," the effect of which will be the same as if we signed this Agreement by hand and the intention of which is that both parties desire to be bound by all the terms of this Agreement.

Made it. Excited to do great things!



**AGREED and ACCEPTED**

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

1285248 B.C. LTD  
Name: \_\_\_\_\_

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

Date: \_\_\_\_\_

**SCHEDULE "A" SERVICES**

Strength Coaching

**Cost** \_\_\_\_\_

**Payment** Payments are expected at time of Services.